

Something

To Smile About



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Produced for the Patients of Dr. Jon C. Ellison

Gingivitis VS. Gum Disease

Many of us have some form of gum disease, but we do not realize it because the symptoms, at first, are painless. Gingivitis and gum disease are two terms that we need to know.

Gingivitis is an inflammation of the gums. Most of us will have this from time to time, especially if we haven't been as attentive to our oral hygiene as we need to be. Healthy gums are pink, firm, and form a point where the teeth meet. Bacteria that causes gum disease is always present in the mouth. When food and bacteria combine in the space between the teeth and gum a plaque is formed. Toxins in the plaque will cause the gums to become inflamed and possibly infected. The gums will turn red and bleed easily. Gingivitis is a mild form of gum disease that is reversible with good oral hygiene and regular professional care.

When gingivitis is not treated it can evolve into a condition called periodontitis. With this condition the gums pull away from

the teeth and form pockets that are infected with bacteria. If left untreated the bone, gum, and fibers that support the teeth can be destroyed. The teeth eventually become loose and may need to be removed.

The best cure for any gum disease is preventative. It starts with your oral hygiene (we're not kidding about the flossing thing) and of course professional care and guidance.

Dr. Jon Ellison

Just a reminder: Summertime gets very busy, so remember to schedule your summer hygiene appointment soon!



No Matter Who You Are – MI Paste and MI Paste Plus can help strengthen your teeth.

MI paste/MI Paste Plus has the ability to fight demineralization, improve saliva pH, boost fluoride uptake, soothe sensitive surfaces, and help create a healthy oral environment making the product a perfect fit with the practice of Minimum Intervention (MI) dentistry and prevention. Tooth sensitivity has many causes & the success of MI Paste/MI Paste Plus is due to treating a long list of conditions:

- Buffering acids produced by bacteria & plaque
- Reversing tooth sensitivity & restoring enamel after whitening procedures
- Relieving dry mouth caused by medications
- Reducing high levels of acid from excessive consumption of soft drinks/sports drinks
- Reducing high oral acid levels resulting from nausea & pregnancy
- During orthodontic treatment to prevent white spot lesions & after band removal to reverse white spot lesions
- Providing calcium phosphate remineralization for patients suffering from erosion, decay, & conditions caused by dry mouth and gastric reflex.

MI Paste may also be recommended for patients undergoing radiation and/or chemotherapy and patients with “meth” mouth or “Mountain Dew mouth”. MI Paste quickly soothes sensitivity by protecting dental nerve endings, forming a

buffer against plaque and restoring minerals that keep teeth strong & healthy.

The active ingredient, RECALDENT is a milk-derived protein and should not be used by anyone with milk protein allergies. MI Paste should not be used on patients with a sensitivity or allergy to benzoate preservatives. RECALDENT is milk-derived with lactose content less than 0.01%.

Dental professionals or patients at home may apply a pea-sized amount of MI Paste onto their finger applying it over the surfaces of the teeth. MI Paste should be left on the teeth for at least 3 minutes. MI Paste Plus offers the same benefits plus is enhanced with fluoride. MI Paste/MI Paste Plus should be used in addition to regular brushing with fluoride toothpaste and flossing. It works best at night when applied before bedtime and but may also be applied twice daily.

Karen Michinock, B.S., R.D.H.



NEW ADDITIONS

Many of you may have already met Sarah, our newest employee. Sarah is just starting her dental career, although she has trained as a lab technician and worked in a local lab for several years.

You also have probably seen Audrey working away in the front office; Audrey is Cindy's 17 year old daughter who is a senior in high school.

We are very excited to have these two bright young people on our staff.